



Job Description

POSITION: Registered Dietitian

REPORTS TO: Site Manager

THE COMPANY

Our North Star - Let Us Welcome You Home...

Optima Living (optimaliving.ca) owns and operates nine Independent Living, Assisted Living and Supportive Living communities in Alberta and British Columbia. Our communities are located amongst the best retirement places in Western Canada. You'll find our welcoming communities in West Vancouver, Kelowna, Chilliwack, Hope, Maple Ridge in British Columbia and in Claresholm and Vegreville in Alberta. In addition we currently have two communities in development in Richmond BC and Sherwood Park AB slated to open in early 2021.

Our approach is focused personalized care, comfort and the well-being of our residents. Residents are at the center of everything we do. All of us at Optima feel it is an honour to work with our cherished seniors. Our operating philosophy can be summarized in our credo "Let Us Welcome Home" which guides us in everything we do. All of us at Optima feel it is an honour to work with our cherished residents and advocate a resident-centered approach where the resident is the focus of all our endeavours. This is the focus of all of interactions with our residents, our suppliers, our corporate relationships, and our interactions with government agencies. We believe in making a meaningful contribution to the communities in which we operate and strive to make our homes the epicentre of a community. It is not enough to be in a community, we must be part of and add value to the communities that we operate in.

PURPOSE

A Registered Dietitian is accountable and responsible for all areas related to the provision of diet and nutrition recommendations.

ROLES

Reporting to the Site Manager, provides dietitian services to residents by performing such duties as: assessing; developing and implementing nutritional care plans; develops standards of nutritional care for residents; participates in planning and implementing education programs; and reviews nutritional concerns with residents and/or family..

DUTIES AND RESPONSIBILITIES

- Assessing the dietary needs of each resident upon admission;
- Determining best nutritional needs for each resident;
- Reviewing the dietary needs of each resident on an ongoing basis as per legislative requirements
- Conducting regular review of resident weights for significant health changes;
- Meeting with Resident Council to determine food preferences;
- Meeting with Food Services and Clinical Services as required to discuss menu planning and resident nutritional needs;
- Establishing and monitoring special dietary needs of residents; and,
- Attending care conferences as required.
- Other duties as assigned.

KEY WORKING RELATIONSHIPS

This position requires the ability to communicate clearly, deal tactfully and work effectively with all Optima Living staff and management.

QUALIFICATIONS AND EXPERIENCE

- Graduation from an accredited school of Dietetics and completion of Dietetic Internship.
- Registration in good standing with the College of Dietitians of BC (CDBC)
- Minimum of one year's experience in the food service field and at least six months in a senior care facility.
- Demonstrated ability to communicate with health care professionals, community workers, staff, volunteers, families and visitors.
- Current Food Safe certificate.

CANDIDATE PROFILE

- Has a cheerful, positive attitude.
- Able to work independently and as part of a team
- Ability to deal with stressful situations.
- Able to take direction.

WORKING CONDITIONS

The schedule for this position may vary and would require the ability to work shift work, weekends and holidays.

OPTIMA LIVING EXPECTATIONS OF ASSOCIATES

- Adheres to all Company Policies and Procedures and legislative requirements
- Consistently reports to work on time and prepared to perform the duties of the position
- Maintains a positive and respectful attitude
- Communicates regularly with direct manager
- Is flexible and willing to perform duties as workload necessitates

"Let us Welcome You Home"

Associate's Agreement:

I have reviewed the job description and I agree to perform the duties as outlined.

Print Name

Date

Signature