

## **Health Care Aid**

Let us welcome you home.

Optima Living operates Independent Living, Assisted Living, Supportive Living and Memory Care communities in Alberta and British Columbia. Our communities are among the best places to live in Western Canada.

Our Vision: For every person to feel at home.

This is truly supported by our credo. "Let us welcome you home." All of us here feel it is an honour to work with our residents and we advocate a resident-centered approach where the Resident, is the focus of all our endeavours.

We are currently seeking a Health Care Aid to join our team that will be responsible for personal services, medication assistance, light housekeeping and meal service assistance, as well as participation in social-recreational activities.

## Responsibilities

- Assist residents with move ins and facility orientation
- Performs light housekeeping in resident suites and common areas
- Support personal care activities as needed
- Respond to medical emergencies in a calm manner
- Assists with resident laundry and meal service as needed
- Follow Care Plans and report any changes or concerns
- Administer, monitor and record medication administration
- Working with residents to meet care requirements and communicate any concerns to the doctor and manager as needed
- Demonstrate ongoing competence utilizing knowledge, skill, judgment, and evidence-based practice in caring for aging adult is vital in this role
- Ensure accordance with provincial continuing care health service standards, legislation, codes, regulations, and employment and safety statutes
- Demonstrate awareness of accident and injury prevention, through safe work practices and procedures

## **Qualifications and Experience**

- Completion of provincial Health Care Aid certification
- Registered with provincial health care registry
- Completion of Medication Administration course
- Experience in a residential care setting is preferred
- Demonstrate infection control procedures
- Exceptional interpersonal skills with peers, residents, visitors and operational partners



- Superior organizational skills with the ability to handle multi-resident requests
- Superior oral and written communication skills, fluently in English
- Demonstrate the ability to prioritize and problem solve
- Flexibility to work a variety of shifts
- Ability to stand for extended periods of time, bend, squat, kneel and lift 25 pounds
- Display compassion, education, proficiency, and experience while assisting residents
- Other duties as assigned to support operational requirements

## **Conditions of Employment**

- Completion of CPR and First Aid
- Clear Police Information Check
- Clear Vulnerable Sector Check
- COVID-19 vaccination. This requirement will be waived if you did not receive the vaccination due to any legislated protected human rights grounds

